



President – Charles Chapman

Vice-President/Webmaster –Greg Jones

Secretary/Newsletter – Pam Terrell

Treasurer –Beach Aten

TSC Delegate – Marlow Muldoon

Membership – Diane Reed

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www.dfwyoungatheartskiers.org

March 2011

“You don't stop playing because you grow old; you grow old because you stop playing”

MESSAGE FROM THE PREZ - Charles Chapman info@dfwyoungatheartskiers.org

February has certainly “flown by”. Between the Crested Butte trip and me being out of town the first thirteen days of February, seems like we still should be in January.

Kudos to the racing team from YAH D/FW Skiers. Seems we are the talk of the Texas Ski Council. Great Job. Also, everyone who went on the trip to Crested Butte cannot say enough good things about the great job Pam and Allen did for our bunch. Thanks to all who participated.

We are in the process of setting up a nominating committee for the officers to serve the club for the year 2011 and 2012. Phyllis Schieber has volunteered to head the committee, and I'm sure she will be approved by the board. Please give her or any board member a call with comments or suggestions.

On a personal note, I am saddened by the events surrounding the devastating earthquake that struck Christchurch, New Zealand. A little over two weeks ago, the Fellman's and Chapman's were walking the streets of that lovely city. It's hard to look at the rubble where we saw stately old buildings. My thoughts and prayers are with the people, especially those who were injured or lost loved ones to the disaster.

Think Snow and Ski You Soon..... Charles

VP/WEBMASTER – Greg Jones

info@dfwyoungatheartskiers.org

By all accounts, Pam and Allen did a truly outstanding job in coordinating, preparing, and executing their plan for our fantastic ski trip to Crested Butte, and I certainly couldn't agree more. Here are extracts of some of the kudos they received:

[The] very best ski trip of my life! Thanks to Pam & Allen for everything. Please, please let's go to CB next year. Yes, I agree one of the best trips I have made. Pam and Allen out did themselves and they must have started baking and cooking right after the Holidays. We need more trips like this.

Can't remember when I had more fun than on this trip. Thanks Pam and Allen for such a fantastic job of planning and execution, and seeing to every detail in making the trip so great!

... had to go out to breakfast - no Pam and Allen to prepare breakfast and no food in the house. Lisa mentioned how hard Pam worked and what a good job she did. Great job Pam and Allen. Thanks for all the hard work.

What a super ski trip! Pam and Allen: your planning, entertaining and enthusiasm sparked all of us to perform and bring home our First Place Plaque/Award for "senior" skiing.

Links to some photos from the trip are posted on our website, as well as links to the TSC photos of all the clubs that raced, including ours.

More kudos to Pam -- and Maggie -- for encouraging us to race. I don't think any of us would have done it without their encouragement and enthusiasm. DFW-YAHS brought home a First Place in Division 3 of the club racing and Kayleen (from Houston), Maggie, and Pam won individual medals. In individual racing by age group, Phyllis won a gold medal! Finally, Irene attained VIP status as the oldest racer in TSC at Crested Butte. What spunk and get-up-and-go! Way to go women of the DFW-YAHS!!! I must say we have some fast women in our club (ha).

Selma and I are off to Ski Apache (Ruidoso, NM) for a few more days of skiing. Crested Butte whet our appetites! We want more, more, more. See you at the next meeting, if not on the slopes.

Remember to Check us out at www.dfwyoungatheartskiers.org

+ see our listing on the Texas Ski Council website at www.texas-ski.org/members/members.

Always in need of your Input- Photos, Photos, Photos - All I need on photos is location. All other input welcome !!! Pease send to Greg.....

MEMBERSHIP – Diane Reed info@dfwyongatheartskiers.org

More Good News- Our phone line is up and working (thank you Pam) and I have had a few calls, none of them serious candidates for membership though. Greg has connected our website so that membership inquiries come directly to me. There have been inquiries with one a skier who might be interested in skiing with our group. So, good work guys!

Diane

LET'S PLAY TOGETHER

Not this month- we'll be in New Mexico!

TEXAS SKI COUNCIL "TSC" – Marlow/Joyce Muldoon info@dfwyongatheartskiers.org

We are so fortunate to be members of the Texas Ski Council. Our trip to Crested Butte was great and DFW YAHS participated in the races for the first time. Other members of our club have been able to go with other council groups on a variety of trips. There are endless possibilities.

Speaking of possibilities, on April 15-17 the TSC annual bid fest will be held in Houston at the Marriott Houston West Loop. It is here where the trips for 2012 are voted on. Everyone is welcome to attend but of course not everyone can vote – only designated delegates.

There are golf tournaments, wine tasting, silent auctions, vendor shows, dinner and dancing. Check out the TSC website, www.texas-ski.org for all the details. If you are interested give Marlow a call at 972-255-5944.

We were reminded to have members visit the TSC website and check out the participating sponsors. Sponsors count the number of hits they have on this web site.

Check it out www.texas-ski.org.

WE'VE BEEN PLAYING

How to survive sub zero temperatures.....Irene

You wake up one morning and you are in **Crested Butte**
snow is on your window piled up 3 stories high ,
it is 18 below , yet more flakes falling from the sky ,
you grab the White Robe , rush down the hall to **Pam and Allen's Suite !**

It's where you'll daily find breakfast prepared with love and much thought ,
they processed 9 dozen(!) eggs , varieties of delicacies that amazed us all
with hard work prepared in far away icy Dallas , we were taught .

After so much pampering we had to be ready to hit the great slopes ,
for Joyce and Irene it was even a cliff !
for Glenna it was torturous steepness on her snowmobile ,
while at heart racing speed was Jean S on her sled with the dogs pulling the ropes

And then the cold had vanished with an outlook at **Crested Butte**
of a huge outdoor Jacuzzi (and just by our door) ,
Our Happy Hour with goodies (again) and 2 cases of wine !
and we rushed again to **Pam and Allen's suite .**

That was , indeed , **COMFORT in big letters on this very special Trip !!!**

Crested Butte – February 5 – 12, 2011- Joyce Muldoon

How do you say thank you to our trip leaders, Allen & Pam Terrell for one of the greatest trips our group has ever had? I was given responsibility for writing up the trip and everyone says – it was the best. As you know this was part of the Texas Ski Council Winter Shootout with 20 people from our group and about 150 people from other council groups.

We left Dallas on icy roads and delayed airline flights. Two members did not make it due to one having a fall and one's home have broken water pipes.

Once we got to Crested Butte everything was perfect. The Grand Lodge was a very elegant hotel and we all had rooms on the same hall of the 2nd floor. Allen and Pam had a suite at the end of the hall which also served as our hospitality room. Yes, we met there every morning for breakfast, prepared in Dallas by the Terrells and brought to Crested Butte. You really get to know your club members when you share breakfast every morning in your pajamas and robes. We also met there every afternoon for a happy hour. Again wonderful treats were furnished by the Terrells and the wine flowed freely.

Saturday evening we all signed up for extra activities for the week. On Sunday morning, Pam had arranged a walking tour of the town of Crested Butte. Our Docent Glo, (ran the museum) narrated a tour of the museum followed by a walking tour of the town – even the two story outhouse!

The first TSC party was a Super Bowl party on Sunday night. Lots of food and everyone got one free drink. The Muldoons won two prizes, a \$50 gift certificate to a local restaurant and \$60 in cash.

All of the skiers were out on the slopes on Monday morning after a night of fresh snow. Two of our members took lessons and everyone enjoyed the excellent conditions which followed throughout the week.

Monday night, several in our group went on the sleigh ride and dinner at Uley's Cabin, a restaurant on the slopes. The temperature was well below zero but everyone said they stayed warm and the dinner was delicious.

Tuesday morning Christine Augustine, a board member from TSC joined us for breakfast and got everyone enthused about entering the TSC races on Thursday. Maggie Phillips had been appointed YAHS Race Director and signed up 15 people to race. After skiing on Tuesday we had dinner (courtesy of the Terrells) in the hospitality room. Baked Ziti/salad/focaccia bread/dessert for 20 people??? Amazing. We also toasted the group with Limoncello but more about that later.

Wednesday was a glorious day for skiing and several of us practiced on the gates of the racing hill. Since we knew Allen and Pam were going to the spa that day, the group pitched in and surprised them by prepaying their massages! They were informed at the conclusion of their 90 minute indulgence. A small tribute for how well they ran the trip. That evening 12 of us scored reservations at a TINY French restaurant, "Soupcon", in Crested Butte whose entrance was through 6' snow banks. Again the food was wonderful and most everyone enjoyed their specialty of Lamb.

Thursday – Race Day – bright and sunny with gorgeous snow. Thirteen skiers from DFW YAHS skied in the team race with no one falling or missing a gate. You might say "we were at the top of our game". Seven individuals continued for individual races that afternoon. Check Maggie's blog for the final results.

Friday was the awards banquet which again was a very nice affair and delicious dinner.

Our group also attended a lecture celebrating CB's 50 Year Anniversary and presented by Dick Eflin, a Founder of The Crested Butte Ski Resort. A few went snowmobiling, one went dog sledding, most went shopping and of course we all enjoyed late afternoons in the great hot tub! We didn't even have time to play 99.

Back to the Limoncello. The Terrells had three misdemeanors, they spiked the orange juice on Wednesday morning with the left over limoncello, they brewed coca leaf tea for people suffering from altitude sickness and one misdemeanor I am not allowed to disclose.

Again thanks again to Pam and Allen for all their hard work. Where are we going next?

Marlow, Joyce, Beach, Kathy, Mary, Maggie, Sylvia, Phyllis, Irene, Glenna, Greg, Selma, Jean, Jean, Bob, Pat, Kaylene and John (who joined our trip from Clear Lake).

AT THE TOP OF THE MOUNTAIN ON TOP OF OUR GAME

Presented with the challenge to "go for the gold," thirteen members became "TEAM YAHS" for Race Day on Thursday. Each racer contributed points ranging from 4-49 each for a total of 217 points, easily bringing home the First Place Division III Texas Ski Council Trophy!

NASTAR medals went to the following:

Silver–Kayleen Kill

Bronze–Pam Varney-Terrell

Bronze–Maggie Phillips

Bronze–Irene Philipp

Afternoon individual races required two slalom runs down a much longer course. Once again, TEAM YAHS rose to the challenge and sent eight brave souls racing down the hill. Final results produced two winners–Phyllis Schieber with a GOLD and Maggie Phillips with her second BRONZE for the day.

Thanks to everyone who participated and to those on the sidelines cheering us to victory.....Maggie

WAY TO GO, TEAM YAHS!!!!

WE NEED YOUR HELP

Monthly YAHS Events- *If just a few of you will come forward and agree to make arrangements for just one monthly event in 2011 (dinner/picnic/cocktail party/or other) we can all enjoy a full year of camaraderie without anyone having to absorb all the effort. It's all about getting together and keeping in touch really. See following:*

Mary McManemin: *Members please send me the information regarding any event or place, such as a museum, exhibition, great locale for cocktails, or restaurant. Do you have a pool & would you like to host a Pool Party in August/September? Anything that would be of interest to you. Just send me your email address with your place of interest. I'll check on arrangements for our group. Thanks, Mary McManemin*

HELLO DFW AMBASSADORS:

Every day, more than 100 soldiers pass through DFW Airport on their way home for two weeks of well-deserved rest and recuperation (R&R). DFW is proud to assist these members of the armed forces as they return home from their service in Iraq and Afghanistan. One flight of returning soldiers lands at DFW every day and the warm welcome provided by volunteer greeters begins the troops' visit on a high note.

DFW has assisted thousands of men and women since the first R&R flight arrived in November of 2004. Members of the community are invited to greet the arriving troops at the Airport and to continue this proud tradition of supporting the U.S. Armed Forces.

Updated Flight Information: call 972 574 0392 after 2000 (8 p.m.) for automated update on next day's flight; then after 0800 (8 a.m.) for automated update on current day's flights. Please call prior to your departure to DFW Airport for any updates on arrival. Approximately 100-250 pax per flight.

Other News, Updates and Information

By Request- Limoncello

15 lemons*

2 bottles (750 ml) 100-proof vodka**

4 cups sugar

5 cups water

***choose thick-skinned lemons because they are easier to zest.**

****use 100 proof vodka, which has less flavor than a lower proof one. Also the high alcohol level will ensure that your Cello will not turn to ice in the freezer.**

Step One:

-wash the lemons with a vegetable brush and hot water to remove any residual of pesticides or wax; pat the lemons dry

-carefully zest the lemons with a zester or vegetable peeler so there is no white pitch on the peel. Note: use only the outer part of the rind. The pith (white) underneath is too bitter and would spoil your Cello.

Step Two:

-in a large glass jar (1 gallon jar) add one bottle of vodka

-add the lemon zest as it is zested

-cover the jar and let sit at room temperature for at least (10) ten days and up to (40) forty days in a cool dark place. The longer it rests, the better the taste will be. (There is no need to stir-all you have to do is wait). As the Lemoncello sits, the vodka slowly takes on the flavor and rich yellow color of the lemon zest.

Step Three:

-in a large saucepan, combine the sugar and water; cook until thickened, approximately 5-7 minutes
-let syrup cool before adding it to the Limoncello mixture
-add to the Limoncello mixture from Step One. One additional bottle of vodka. Allow to rest for another 10-40 days.

Step Four:

-after the rest period, strain and bottle: discarding the lemon zest
-keep your bottles of Limoncello in the freezer until ready to serve

Our 'Little Cello' rested the full 40/40 days. 80 day of patience can make a real difference as you end up with more of the Lemon essence rather than Vodka flavor. She was then bottled and mellowed in the freezer for a few months before sampling. We used a 100p Seagrams Silver (or gold) product but there are many choices of Vodka, as we found out.

Ciao...

Pam

IT'S SNOW FUN IN THE MAKING !

**SKI CRESTED BUTTE !!!
22 Participants with YAHS
Snowfall through January 31, 2011
186" and still coming down!**

To Check out our accommodations "The Grand Lodge" Emmons Studio Suites
Click on the following link: www.skicb.com then follow the prompts.

\$\$\$ and SENSE

Travel Tip - Are you looking for a Ski partner, Travel partner or a Shuttle to the airport? Send a note to Pam our Secretary and she can put out an all call to YAHS.

FRUGAL IS COOL !! Do you have any bargains you would like to share please email/snail mail them on to Pam for next month's edition. **REMEMBER all those dollars saved today add up to more ski days tomorrow.**

OUR MONEY GUY- Beach Aten

The club currently has a balance of \$2832, none of which is committed to anything. We had one expenditure this month--\$280 for the work on our web site. We had three membership renewals out of four scheduled. For the past twelve months, we had 44 renewals, (most of them skiers) compared to 47 in the last twelve month period.

Please keep your rosters updated as any new information is emailed out during the year.

info@dfwyoungetheartskiers.org

YAHS

214-628-5569

see you next month.....Pam